THE GUNNI GRINDER RIDER'S BIBLE 2023

This rider's guide covers The Gunni Grinder, Gunni 60, and Gunni 30, and is intended to provide riders with the information they need to participate.

GENERAL COURSE

All distances start at 8:00 a.m. at Jorgensen Park. A neutral rollout will be guided by local law enforcement from Jorgensen Park to Gold Basin Road. Once the lead car pulls off, the race (ride) is on!

Most of the course with be on gravel and dirt roads with some paved roads utilized when necessary. Some of these roads receive little to no maintenance and can be primitive in nature. Be prepared physically and mentally for all road conditions and make sure that your bike is in good working order.

The course is open to traffic and the "RULES OF THE ROAD" apply.

Riders will be traveling through remote areas with no stores and intermittent cell service.

Riders should be prepared for all weather conditions.

The course is marked at major intersections; however, do not rely on these markings to guide you along the course. In past years, we have had signs removed and turned in the wrong direction. We **STRONGLY** recommend that you load the course map on your GPS device.

Participants are solely responsible for their personal well-being and should consider having a support crew.

It is solely at your discretion, but we recommend a minimum tire size of 40mm.

EVENT RULES

- The EVENT SPONSORS, ORGANIZERS, PROMOTERS, STAFF, and anyone having anything to do with this event ARE NOT RESPONSIBLE FOR YOUR SAFETY OR WELL BEING. Come prepared both mentally and physically!
- 2. All roads are open to traffic. Pay close attention to your surroundings.
- 3. This is a self-supported event with the exception of at the aid stations/neutral feed zones where participants may meet support crew to restock supplies and or repair their equipment. Water and Gatorade will be available at each station.
- 4. Helmets must be worn at all times.
- **5.** "Ebikes" are allowed on the 30-mile course. However, riders will not be eligible for overall awards.
- 6. Participants will be responsible for printing their own course map prior to the event. There will be limited markings on the course but *do not rely on these for navigation*. We strongly encourage riders to load the route into their GPS to assist with navigation.
- **7.** Participants must follow the designated course. No shortcuts are allowed.

EQUIPTMENT CHECKLIST

AT A MINIMUM, each participant should carry with them:

- 1. Cycling computer or GPS device
- 2. Printed map of the course
- 3. Minimum of 2-3 bottles of water or sports drink
- **4.** Two spare tubes
- **5.** A pump or CO2 cartridges
- 6. A cell phone should you need help

Other items we RECOMMEND you carry:

- **1.** Hydration pack
- 2. Rain jacket
- **3.** Thermal shirt, arm, and leg warmers
- **4.** Food such as energy gels or bars
- **5.** Tools tire levers, patch kit(s), chain tool, chain lube, spoke wrench, Allen wrench set, etc.
- **6.** First aid kit
- **7.** Compass



Photo credits: Dave Kozlowski, The Gunni Grinder 2022



A portion of entry fees goes towards supporting Gunnison Trails

SCHEDULE

Friday, September 8

4:00 – 6:00 PM Packet pick-up at Treads N' Threads

Saturday, September 9

6:15 -7:45 AM Packet pick-up and registration at Jorgensen Park

7:50 AM Rider's meeting

8:00 AM Neutral rollout for all distances 10:30 AM Award ceremony for The Gunni 30

10:00 AM - 7:00 PM Post-race food and beer (for participants who are age 21 and over) at Jorgensen Park

1:00 PM Awards ceremony for The Gunni 604:00 PM Awards ceremony for The Gunni Grinder

8:00 PM 12-hour time cut off



THE GUNNI 30 FUN RIDE

THE COURSE

	Notes	Distance (miles)	Elevation
Start	Start of route from Jorgensen Park	0	0
Left	Turn left onto Teller St	0.01	7698.16
Right	Turn right onto E San Juan Ave	0.23	7685.04
Left	Turn left onto S Main St	0.51	7687.34
Right	S Main St turns right and becomes Rio Grande Ave	0.69	7677.49
Left	Turn left onto US-50 W	1.44	7658.46
Left	Turn left onto W Airport Rd	1.9	7651.25
Straight	Continue onto Co Rd 38/Gold Basin Rd	3.36	7639.76
Left	Slight left onto Co Rd 38A	10.59	8490.49
Straight	Continue onto Co Rd 38	10.86	8517.39
Straight	Continue onto Co Rd GYY	11.77	8700.46
Right	Slight right onto County Rd 6UU	14.68	8864.83
Right	Sharp right onto County Rd 5YY	16.87	9648.29
Straight	Continue onto Co Rd 38	20.97	8627.62
Straight	Continue onto Co Rd 38	22.03	8490.49
Straight	Continue onto W Airport Rd	29.27	7639.76
End	End of route	30.22	7649.61
	Return to Jorgensen Park		

ELEVATION PROFILE



AID STATION/NEUTRAL FEED ZONE/CHECKPOINT

Mile 20

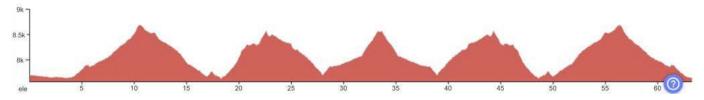


THE GUNNI 60ISH

THE COURSE

Туре	Notes	Distance (miles)	Elevation
Start	Start of route	0	0
Left	Turn left onto S Teller St	0	7693.57
Right	Turn right onto E San Juan Ave	0.16	7685.04
Left	Turn left onto S Wisconsin St	0.5	7686.02
Right	Turn right onto Rio Grande Ave	0.7	7675.2
Left	Turn left onto US-50 W	1.37	7658.46
Left	Turn left onto W Airport Rd	1.84	7651.25
Straight	Continue onto Co Rd 38/Gold Basin Rd	3.29	7639.76
Right	Turn right to stay on Co Rd 32B	15.28	7898.29
Left	Sharp left onto Co Rd 32	16.93	7656.5
Right	Turn right	23.69	8430.12
Straight	Continue onto Co Rd 32	23.85	8403.54
Right	Slight right	23.9	8405.18
Right	Slight right onto Co Rd 61	24.29	8351.38
Left	Turn left onto Co Rd 31	27.95	7691.6
Right	Turn right onto Co Rd 31A	31.76	8079.07
Straight	Continue onto County Rd 1Tt	33.15	8520.34
Left	Slight left	34.11	8394.36
Straight	Continue onto Co Rd 31A	34.67	8248.03
Left	Turn left onto Co Rd 31	35.14	8079.07
Right	Turn right onto Co Rd 61	38.95	7691.6
Left	Slight left	42.62	8351.38
Left	Slight left onto Co Rd 32	43.01	8405.18
Left	Turn left	43.21	8430.12
Straight	Continue onto Co Rd 32	43.9	8472.44
Right	Sharp right onto Co Rd 32B	49.98	7656.5
Left	Turn left to stay on Co Rd 32B	51.63	7898.29
End	End of route	63.23	7638.45
	Return to Jorgensen Park		

ELEVATION PROFILE



AID STATION/NEUTRAL FEED ZONE/CHECKPOINT

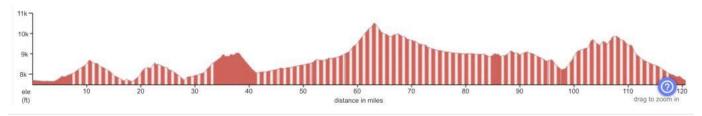
• Mile 33 at Hwy 149

THE GUNNI GRINDER

THE COURSE

	Notes	Distance (miles)	Elevation (ft)
Start	Start of route	0	0
Right	Turn right onto E San Juan Ave	0.15	7685.04
Left	Turn left onto S Wisconsin St	0.5	7686.02
Right	Turn right onto Rio Grande Ave	0.69	7675.2
Left	Turn left onto US-50 W	1.37	7658.46
Left	Turn left onto W Airport Rd	1.83	7651.25
Straight	Continue onto Co Rd 38/Gold Basin Rd	3.29	7639.76
Right	Turn right to stay on Co Rd 32B	15.26	7898.29
Left	Sharp left onto Co Rd 32	16.91	7656.5
Right	Turn right	23.67	8430.12
Straight	Continue onto Co Rd 32	23.83	8403.54
Right	Slight right	23.88	8405.18
Right	Slight right onto Co Rd 61	24.27	8351.38
Left	Turn left onto Co Rd 31	27.93	7691.6
Right	Turn right onto Co Rd 31A	31.74	8079.07
Straight	Continue onto County Rd 1Tt	33.14	8520.34
Left	Turn left onto CO-149 S	33.48	8563.32
Left	Turn left onto Co Rd 27	41.34	8053.81
Straight	Continue onto Co Rd 50/Hwy 27	53.15	8688.32
Left	Turn left onto Co Rd 45/County Rd 52	57.22	8903.22
Straight	Continue onto George Bush Dr	60.3	9646.98
Left	Turn left onto County Rd NN 14	81.85	8993.11
Left	Turn left onto CO-114 W	85.31	9005.91
Right	Turn right onto County Rd 14PP	86.56	8857.94
!!!	If cattle gate is closed, please close behind	you	
Left	Turn left onto CO-114 E	97.65	8219.16
Right	Slight right	98.38	8271.33
Right	Turn right onto County Rd 5YY	107.42	9869.75
Straight	Continue onto Co Rd 38	113.31	8627.62
End	End of route	120.55	7689.96
	Return to Jorgensen Park		

ELEVATION PROFILE



AID STATION/NEUTRAL FEED ZONE/CHECKPOINT

- Mile 33 at the turn onto Hwy 149
- Mile 63 at the top of the pass
- Mile 84 at the turn onto Hwy 114
- Mile 108 at the turn onto CR 5YY

AWARDS/CASH PRIZES

The Gunni 30 Fun Ride

Awards to 1st place overall men/women

The Gunni 60ish

Awards to 1st-3rd places overall men/women

The Gunni Grinder Cash Awards

Overall	ivien/womer
1 st Place	\$1,000
2 nd Place	\$700
3 rd Place	\$450
4 th Place	\$225
5 th Place	\$125





This event was made possible, in part, by grants from the Gunnison-Crested Butte Tourism & Prosperity Partnership and the City of Gunnison